



When is it bullying?

Hurting people's feelings, leaving people out, punching, kicking, hurting, spitting, teasing, name-calling, unkind texts, emails, tweets, facebook messages

Several Times On Purpose

We promise to always treat bullying seriously.

Who can I tell?

A Friend

Mum/Dad

Teachers

School Buddies

Lunch time Staff

Any Other Adult



If you are bullied:-

DO:-

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Use the worry box if you are too scared to speak openly about it.
- Talk to a School buddy or Peer mediator.
- TELL SOMEONE.



DON'T:-

- Do what they say.
- Get angry or look upset.
- Hit them.
- Think its your fault.
- Hide it.

Start Telling Other

What should People see someone else is being bullied?

- Don't walk away and ignore the bullying
- Let the bully know what is happening
- Tell the bully to stop if it is safe to do so.
- Don't stay silent or the bullying will keep happening

The Head, the Governors, the staff and the Anti-bullying Team will work together to:-

- Make our school a place where everyone can feel safe and happy. That means no bullying allowed.
- We will help everyone to get on with each other and we believe that everyone has the right to be